

ADHD Questionnaire*

If you suspect that your child or teenager might struggle with ADD or ADHD, take the following brief questionnaire.

When filling out this form consider your child's general behavior over the last three to six months.

0 = Never
1 = Occasional
2 = Often
3 = Very Often

- Fails to give close attention to details.
- Has trouble keeping attention on tasks or play activities.
- Does not seem to listen even when spoken to directly.
- Does not follow instructions and fails to finish schoolwork.
- Has difficulty organizing tasks and activities.
- Avoids activities that take sustained mental effort.
- Loses things.
- Is easily distracted.
- Forgets or misplaces things.
- Fidgets with hands or feet or squirms in seat.
- On the go, like driven by a motor.
- Runs around/jumps or climbs on things he/she shouldn't.
- Has difficulty playing quietly.
- Is restless or can't sit still.
- Talks excessively.
- Acts first without considering the consequence.
- Blurts out answers.
- Difficulty waiting turn/standing in line.
- Interrupts others/butts in.
- Lacks tact, says the first thing that comes to mind.

*Adapted from the DSM-IV diagnostic criteria for ADHD.

If the total of the responses is:

<10 – Does not appear likely to be ADHD

10-17 – The behaviors could potentially be related to ADHD

17-24 – There is an increased risk that the behaviors could meet diagnostic criteria for ADHD.

>25 – The behaviors endorsed are suggestive of ADHD.